**Phase Planning Tool**

**Facilitator’s name:**

**Date:**

**Name of Adolescent Circle:**

**Phase:** **Starting our Circle**

**This Adolescent Circle’s goals are…**

| Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: |
| --- | --- | --- | --- | --- |
| Warm-up activity:  Challenge activity 1:  Challenge activity 2: | Warm-up activity:  Challenge activity 1:  Challenge activity 2: | Warm-up activity:  Challenge activity 1:  Challenge activity 2: | Warm-up activity:  Challenge activity 1:  Challenge activity 2: | Warm-up activity:  Challenge activity 1:  Challenge activity 2: |

**Facilitator’s name:**

**Date:**

**Name of Adolescent Circle:**

**Phase:** **Knowing ourselves**

**This Adolescent Circle’s goals are….**

| Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: |
| --- | --- | --- | --- | --- |
| Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: |
| At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … |
| Facilitator notes: | Facilitator notes: | Facilitator notes: | Facilitator notes: | Facilitator notes: |

**Facilitator’s name:**

**Date:**

**Name of Adolescent Circle:**

**Phase:** **Connecting**

**This Adolescent Circle’s goals are….**

| Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: |
| --- | --- | --- | --- | --- |
| Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: |
| At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … |
| Facilitator notes: | Facilitator notes: | Facilitator notes: | Facilitator notes: | Facilitator notes: |

**Facilitator’s name:**

**Date:**

**Name of Adolescent Circle:**

**Phase:** **Taking action**

**This Adolescent Circle’s goals are….**

| Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: | Session no.:  Time: |
| --- | --- | --- | --- | --- |
| Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: | Warm-up Activity:  Challenge activity: |
| At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … | At the end of this session adolescents will have … |
| Facilitator notes: | Facilitator notes: | Facilitator notes: | Facilitator notes: | Facilitator notes: |